



Inside Health

- ▶ Health and Fitness
- ▶ Diet and Nutrition
- ▶ Love
- ▶ Healthy Meal & Exercise Plans
- ▶ Parenting
- ▶ Wellbeing
- ▶ Sex
- ▶ Health Christmas
- ▶ Work Life

Expert Advice

- ▶ Body & Fitness Advice
- ▶ Diet & Nutrition Advice
- ▶ Wellbeing Advice
- ▶ Relationship Advice

Tools

- ▶ BMI Calculator
- ▶ Kilojoules Calculator
- ▶ Weight Loss Calculator

Community

- ▶ Health Forum

Health Shows

- ▶ Supersize vs Superskinny
- ▶ Biggest Loser
- ▶ Tough Love



SHUTEYE

6 x SHUTEYE linen Bedding Sets

▶ Review for free

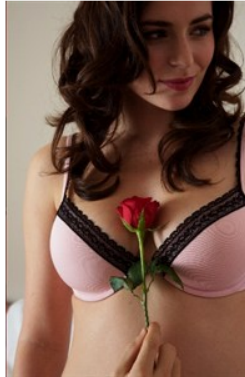
Health

LifeStyle > Health > Sex

A Beginner's Guide to Sex Toys

Like 8 likes. Sign Up to see what your friends like.

When you're considering the use of a bedroom accessory for the first time, it can cause some apprehension. The items on the market often seem overwhelming, and to be honest...some look a little scary.



So to help you navigate the field of sex toys for the first time, here are some top tips from **Pure Romance** - the world's leading and fastest growing woman-to-woman direct sellers of relationship enhancement aids and beauty products which has just launched in Australia. Why not treat yourself to a little Christmas present of your own?

By following these tips, you can ensure that your first experience with an accessory is an exhilarating one!

Top Tips for Sex Toy Success!

1. Firstly, it helps to really **know your body**. Relax and spend some time alone in the bathtub or on your bed using your fingers and a lubricant to explore what feels good. The better you get to know your hot spots this way, the more successful your first encounter with a bedroom accessory will be. Every woman is different and different spots result in differing levels of pleasure.
2. As the first step on the 'toy journey', go with a **clitoral vibrator**. These small egg-shaped vibrators are intended to be used on the outside of your vagina. Pure Romance's clitoral vibrators are ergonomically designed to excite the labia and clitoris. Most clitoral vibrators have a number of speeds or functions, so have some fun discovering the one you like the best. Our top seller is called the Silver Bullet.
3. When you are ready for the next step, try a **vaginal and/or g-spot vibrator**. These bedroom accessories are designed to enhance the sense of pleasure inside the vagina and g-spot but can also be used on the clitoris. These vibrators can lead to the most heightened experiences that some women have ever had! Start with Tickled Pink.

Search lifestyle.com.au

Video

▶ More Videos



Missing Scene Kuhn Wife Swap Australia

WifeSwap

Related Videos

- ▶ Missing Scene Faber Wife Swap Australia
- ▶ Missing Scene Marshall Wife Swap Australia

Search 500+ Videos

World Vision Child Sponsorship

The difference you'll make means more than you think.

Einoti, 8 Tanzania

Sponsor a child today

Newsletters

Get the latest on Property, DIY & Gardening, Food, Style and more.

Sign up now

Calculators

- ▶ Mortgage Calculator
- ▶ Mortgage Budget
- ▶ Rental Return
- ▶ BMI Calculator
- ▶ Metric Converter
- ▶ Kilojoule Calculator

LIFESTYLE
**You try it.
rate it.**



10 x Munch® Cot
Teething Rail
Protectors

▶ Review for free



4. Go all-out with a **dual-action vibrator**: If you want to try both vaginal and clitoral excitement at the same time, a dual-action vibrator is your next step. Pure Romance has dual-action vibrators in all types of shapes and functions, to meet every woman's intimate needs.

5. **Use a lubricant**. Most women say that sexual activity is more comfortable and pleasurable when they use a lubricant. Lubricants are something that every woman should have on hand – since naturally occurring lubrication often doesn't occur...for a myriad of reasons, both physical and emotional. Just Like Me by Pure Romance is designed to feel exactly like your natural lubrication. It is pH balanced and water based with a smooth consistency and is easy to control.

6. Being **sexually confident** is something that takes time for some women to develop. In order to get into the mood, consider using gorgeous beauty products that are both kissable and lickable – designed to make you feel good and look great. Pure Romance has a wide range of top quality beauty products that are all beautifully packaged. When you are with your partner, start with something sensual like a **massage** to help both parties get in the mood. And once you're confident with your choice of 'toy', you can invite your partner to be involved as well!



To purchase products or find out more, head to
www.pureromance.com.au

Paint Calculator

Gardening Guide

Plant Guide

Weight Loss

TV Guide

▶ View TV guide

LifeStyle

HOME

FOOD

YOU



Now

Selling Houses Australia



Next

Location, Location, Location

Competitions

▶ More



Win a Venus Special
Legs Pamper Pack!

Enter now!



Last Chance! Win
\$10,000 in I Love FOOD
Awards 2012

Enter now!